25SCHOOLS

FREE LEARNING NOTES FOR ZAMBIA

GRADE 1 · TERM 2

Mathematics

Time

Lesson notes for learners · Competence-Based Curriculum

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Time is part of our day. There is a time to wake up, a time to go to school, a time to play, a time to eat and a time to sleep. We use time to know when things happen. In this note you will learn the times of the day, the days of the week and the months of the year.

AFTER THESE NOTES YOU SHOULD BE ABLE TO

- Say the times of the day
- Name the days of the week in order
- Name the months of the year in order
- Say how many days are in a week and how many months are in a year

KEY WORDS

Morning	The early part of the day, when the sun rises.
Week	Seven days, one after another.
Month	A part of a year. There are twelve months in a year.
Calendar	A chart that shows the days, weeks and months.

1 Times of the day

The day has a morning, an afternoon and an evening. Think about what you do in the morning. You wake up and wash. You go to school. Look at a picture of a child waking up with the sun rising. Tell a story about what you see. Say what time of the day it is and why you think so.

Make up a song about the morning with your class. Then talk about the afternoon and the evening in the same way.

There is also day and night. Look at pictures of the sky in the day and the sky at night. Sort them into two groups. Say why each picture goes in its group.

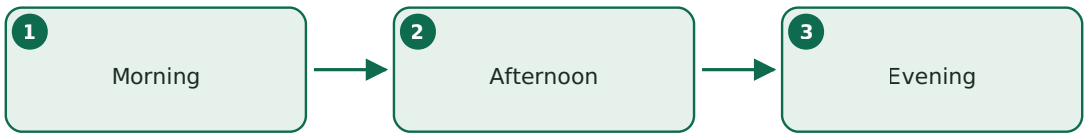

Figure 1. Times of the day in order

2 Days of the week

There are seven days in a week. In the Zambian calendar, Sunday is the first day of the week. Learners sing songs about the days and clap to keep the order.

Ask yourself these questions. What day is today. What day was yesterday. What day will tomorrow be. What do you do on this day every week. Which days do you go to school. Which days do you stay home.

Play the days game. Each day has its own card with its own colour. Put the Monday card on the desk. Which day comes before it. Which day comes after it. Then mix the cards and put them in order.

Number	Day
1	Sunday
2	Monday
3	Tuesday
4	Wednesday
5	Thursday
6	Friday
7	Saturday

Figure 2. The seven days of the week

3 Months of the year

There are twelve months in a year. Use a calendar. Say the name of the month we are in. Say what happens in this month. For example, in October we celebrate Independence Day.

Count the days and the weeks in the month on the calendar. Sing a song about the months of the year. Clap when you say each name. Then say how many months are in a year.

Twelve children can make a human calendar. Each child holds a month card. They stand in order from January to December. The class counts them. Then mix them up and stand in order again.

The weather changes in different months. Some months can be cold, some hot, some rainy and some bring floods. Think about how to look after yourself in each kind of weather.

First four	Middle four	Last four
January	May	September
February	June	October
March	July	November
April	August	December

Figure 3. The twelve months of the year in order

TRY THIS

Look at a calendar at home or at school. Say today's day and the name of the month. Say the day before today and the day after today. Count the days in the week and the months in the year. Tell a friend what you do on your favourite day.

REMEMBER

- The day has a morning, an afternoon and an evening
- There are seven days in a week
- There are twelve months in a year
- A calendar shows the days, weeks and months

? Check yourself

1. How many days are in a week.
2. How many months are in a year.
3. What is the first month of the year.
4. Which day comes after Monday.
5. Mwila wakes up and sees the sun rising. She washes and walks to school. (a) What time of the day is it. (b) What time of the day comes after it. (c) What do you do in the morning.

6. Today is Wednesday. Banda asks his teacher about the days. (a) What day was yesterday. (b) What day will tomorrow be. (c) How many days are in the week.

ANSWERS

1. Seven.
2. Twelve.
3. January.
4. Tuesday.
5. (a) Morning. (b) Afternoon. (c) A correct answer, for example wake up, wash and go to school.
6. (a) Tuesday. (b) Thursday. (c) Seven.

Written by 25Schools to follow the Grade 1 Mathematics syllabus of the Zambian competence-based curriculum. Free for learners to read, download and share. More notes and quizzes at 25schools.com.